

## Fuller's Teasel

The root of Fullers teasel is an old European remedy against tick-born relapsing fever, also called Borreliosis, Lyme disease, Deer-syphilis or neuro-Borreliosis.

Please note, that the symptoms of all forms of Borreliosis are caused by the metabolic waste product of the Borrelia, rather than by the bacteria itself. Therefore symptoms remain, until these toxins have been removed. Since those toxins are fat-soluble and difficult to remove from the body, they accumulate in the **fat-containing** tissue: nerves, brain, marrow, articular mucosa.

A good source of information is **Healing Lyme Disease Naturally: History, Analysis, and Treatments** by Wolf D. Storl, Matthew Wood und Andreas Thum.

The Teaselroot extract is being produced by **physiologika naturprodukte** of Germany. The teasel root is cultured and harvested according to the principles of Rudolf Steiner, the founder of the Antroposophic Society.

The fresh root of the biannual plant is harvested at the end of the first year, in late autumn, winter or early spring. During the second year the plant grows above the earth, while the root becomes increasingly fibrous und loses its medicinal properties.

Within 24 hours the freshly harvested root is being cleaned, carefully cut into pieces and put into a sealable glass container, where it is immersed in alcohol. After having matured in a warm place for three weeks, the extract is ready for use.

## Dose & Duration

**Teaselroot:** 3x daily in a glass of water: starting with 1 drop and increasing every day by 1 drop up to a max. of 30 drops. If detox-reactions get to heavy, lower the Teaselroot dose or increase it more slow, and/or increase intake of detox-aids; check water consumption. Drink as much Jiaogulan-tea or clear water as you comfortably can – it will greatly help your kidneys.

**Jiaogulan:** about 1 teaspoon per quart of hot water, leave to draw up to 10 min., drink throughout the day.

**Zeolite & EM:** put a flat teaspoon Zeolite plus half a teaspoon EM in a glass of water, stir and drink before / along meals.

**Livermagic:** ½ teaspoon only if you do wake up between 01:00 to 03:00 a.m. & have difficulties to go back to sleep, ½ teaspoon in the morning on an empty stomach, ½ teaspoon before dinner or sleep.

**Duration:** Until the teasel ceases to mobilize toxins.

Please keep in mind, that the teasel cannot mobilize anything, which has not already been in the body. Therefore Herxheimer reactions are but the uncomfortable proof of the successful fielding of Teaselroot.



# TEASELROOT

*Dipsacus sativus*

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## Tickbite-Kits

### Tickbite-Kit 30 days:

100 ml Fuller's Teasel (root)  
100 g Jiaogulan-Tea  
125 ml Livermagic  
200 g Zeolite, powdered  
100 ml EM (**E**ffective **M**icroorganisms)

### Tickbite-Kit 60 days:

200 ml Fuller's Teasel (root)  
2x 100 g Jiaogulan-Tea  
2x 125ml Livermagic  
400 g Zeolite, powdered  
2x 100 ml EM

Starting with 3x3 drops daily and increasing one drop every day up to 3x30 drops, 100 ml Teaselroot extract lasts about 40 days and 250 ml about 90 days. The other ingredients of the kits are calculated for the same periods.

Even after Borrelia have been successfully killed, its toxic waste products remain und continue to cause the same symptoms until these toxins themselves are removed from the affected tissue (nerves, brain, marrow, articular mucosa).

The **special capacity of Fuller's teasel** is to remove the toxic waste products of Borrelia rather than kill it, though it does that too.

Everything in these kits but the Teaselroot itself helps the body to clear off the mobilized toxins. Those detox-aids make the detoxification easier to go through.

In case of co-infection with Ehrlichia, Chlamydia, Babesia..., I recommend the Tickbite-Kits as well.

## Detox-aids

**Zeolites** are ion-exchangers and "are used in the treatment of Lyme disease, as a detoxifier" (quoted from [wikipedia](#)):

(..) "Natural zeolites form where volcanic rocks and ash layers react with alkaline groundwater. (..) Zeolites are the aluminosilicate members of the family of microporous solids known as "molecular sieves." This term refers to a particular property of these materials, i.e., the ability to selectively sort molecules based primarily on a size exclusion process. This is due to a very regular pore structure of molecular dimensions." Zeolite thus disrupts the entero-hepatic circulation of neuro-toxins.

**EM:** Prolonged use of antibiotics damages the liver progressively and brings extreme disorder into the intestinal flora. Though in many countries only certified for use in agriculture and animal husbandry, EM and its derivatives still provide the best symbiotic balancing I know of. EM works best, when synergetically combined with Zeolites, which provide the EM with a kind of shelter, from which they can operate.

**Livermagic:** Mobilization of toxins (like the waste products of Borrelia), that have been stored in the body, either because it does not know how to eliminate them, or because its capacity to do so has been exceeded (overworked liver), produces exhaustion, tiredness and other "hang-over"-like symptoms (Herxheimer reactions). They indicate an over-worked liver crying for support, which can easily be supplied by a good dose of natural bitters. Since bitters have been systematically removed from our food, one depends on supplementing them, for example via Livermagic.

## Borrelia re-emerge – what to do?

**Jiaogulan**, also called Miracle Grass or five-leaf ginseng, provides power and energy without the use of caffeine. In the mountainous regions of Southern China an infusion of the sweet-bitter leaves is used since centuries for daily rejuvenation and revitalization. The local name "xiancao" means "herb of immortality" and people say: "It works like Ginseng, but it is better than Ginseng." When detoxifying nerves affected by Borrelia toxins, people may get tense and over-sensitive with difficult sleep. Jiaogulan-tea throughout the day soothes the overtaxed nerves and help to get a refreshing sleep.

### **What to do, if the Borrelia become active again?**

When treating chronic forms of Borreliosis - where the bacteria are merely in hiding - the person may slip back into the acute stage. The bacteria become active again, which result in a boost of known symptoms.

In that case immediately stop taking teasel but continue with all detox-aids, and kill the re-emerging Borrelia. Take up the teasel again, as soon as the Borrelia-boost has been successfully terminated. This may have to be done off and on repeatedly.

For killing active Borrelia I recommend [Oil-composites](#), because they are oil-based and therefore reach well the affected lipophilic tissue (nerves, articular mucosa). Antibiotics have already proved unsuccessful – after all the Borrelia have re-emerged - and would just further damage liver and intestinal flora.

The flyer "Parasite Cure" informs you how to use of the Oil-composites; download link: [www.gesund-im-net.de/parasite-cure.doc](http://www.gesund-im-net.de/parasite-cure.doc).